

2024 PSAC CHAMPIONSHIP RESULTS

MEN'S RESULTS

PSAC Indoor Championships

Feb. 18-19, 2024
Bethlehem, Pa.

60m

7. Miguel Charlery - 6.99

200m

2. Miguel Charlery - 22.07

400m

1. Tyler Boone - 50.10

800m

6. Tim Gale - 1:57.22

60m Hurdles

5. Kobe Jenkins - 8.43

4x400m Relay

1. Boone, Limberg, Morrison, Charlery 3:20.00

High Jump

2. Drew Domurat - 2.09m

5. Daniel Smith - 1.98m

Pole Vault

6. Chris Costa - 4.61m

Long Jump

4. John Gorham - 7.11m

Triple Jump

3. Jaden Johnson - 14.33m

8. John Gorham - 13.88m

Shot Put

1. Cole Gorham - 17.71m

5. Anthony Voto - 16.02m

6. Will Mattei - 15.66m

Weight Throw

2. Anthony Voto - 18.15m

Team Scores

1. Shippensburg - 182

2. Slippery Rock - 117.5

3. ESU - 92

4. Kutztown - 65

5. Lock Haven - 50

6. California (Pa.) - 47

7. IUP - 39

8. West Chester - 28.5

9. Seton Hill - 22

10. Bloomsburg - 16

11. Pitt-Johnstown - 2

PSAC Outdoor Championships

May 3-5, 2024
Shippensburg, Pa.

100m

6. Miguel Charlery - 10.73

200m

1. Miguel Charlery - 21.46

4. Tyler Boone - 21.70

400m

2. Tyler Boone - 48.30

5. Zephyr Crestwell - 49.48

6. Zandrew Bowe - 49.55

800m

4. Tim Gale - 1:54.99

110m Hurdles

5. Kobe Jenkins - 14.69

8. Ragiariki Lewis - 15.54

4x400m Relay

1. Boone, Bowe, Crestwell, Charlery - 3:14.94

High Jump

1. Aaron Sanchez - 1.95m

5. Drew Domurat - 1.90m

5. Daniel Smith - 1.90m

Pole Vault

8. Chris Costa - 4.31m

Long Jump

5. Jack Gorham - 6.89m

7. Bryson Gilchrist - 6.82m

Triple Jump

3. Jack Gorham - 14.71m

8. Jaden Johnson - 14.52m

7. Samuel Chedester - 14.03m

8. Nasir Heard - 13.99m

Shot Put

2. Cole Gorham - 17.17m

3. Anthony Voto - 17.02m

Discus

2. Cole Gorham - 56.58m

6. Anthony Voto - 46.28m

Hammer

2. Isaac Almoney - 58.18m

6. Anthony Voto - 56.87m

Javelin

2. Zach Nissley - 60.13m

Team Scores

1. Shippensburg - 246.83

2. Slippery Rock - 148.33

3. ESU - 139.5

4. Kutztown - 78

5. Lock Haven - 60.5

6. IUP - 44

7. California (Pa.) - 34

8. Seton Hill - 24

9. Pitt-Johnstown - 18.33

10. West Chester - 12.5

11. Bloomsburg - 12

12. Edinboro - 0

WOMEN'S RESULTS

PSAC Indoor Championships

Feb. 18-19, 2024
Bethlehem, Pa.

60m

6. Destiny Thompson - 7.76

200m

5. Destiny Thompson - 25.72

Mile

8. Holly Chambers - 5:19.07

3000m

2. Brianna Hennett - 10:16.76

5000m

2. Brianna Hennett - 17:44.89

4x400m Relay

4. Horning, Cancel, Thompson, Domurat 4:00.65

Distance Medley Relay

6. Martin, Domurat, Skelly, Elgrim 12:40.62

Pole Vault

3. Nickolina Anelli - 3.73m

t-7. Heather Gaughran - 3.43m

Weight Throw

1. Samiyah Little - 17.38m

Team Scores

1. Slippery Rock - 136

2. Shippensburg - 106

3. Seton Hill - 58

4. California (Pa.) - 57.5

5. ESU - 56.6

6. Millersville - 46

7. Kutztown - 45

8. Edinboro - 39

9. Bloomsburg - 34

10. West Chester - 20.5

11. Lock Haven - 19.5

12. Clarion - 18

13. Mansfield - 16

14. IUP - 7

15. Pitt-Johnstown - 4

PSAC Outdoor Championships

May 3-5, 2024
Shippensburg, Pa.

100m

7. Destiny Thompson - 12.15

5000m

2. Payton Falkenstein - 17:48.39

4x100m Relay

7. Horning, Cancel, Thompson, Domurat - 48.95

Long Jump

5. Kanya Edmonds - 5.50m

Hammer

1. Samiyah Little - 52.03m

Javelin

3. Olivia Sforza - 41.95m

Team Scores

1. Shippensburg - 186

2. Slippery Rock - 159

3. Millersville - 75

4. Seton Hill - 61

5. Edinboro - 57

5. Kutztown - 57

7. California (Pa.) - 51

8. IUP - 39

9. ESU - 32

10. Bloomsburg - 19

10. Clarion - 19

12. Mansfield - 18

12. Pitt-Johnstown - 18

14. Lock Haven - 15

15. West Chester - 13

2023-24 TOP RESULTS

Men's Top Results

INDOOR SEASON

Running Events

55	Miguel Charlery	6.51
60	Miguel Charlery	6.93
200	Miguel Charlery	21.69
400	Tyler Boone	48.83
500	Tyler Boone	1:06.07
600		
800	Tim Gale	1:55.57
1,000	Bryon Rodriguez	3:08.82
Mile	Brian McGarrity	4:20.78
3,000	Landon Boyle	8:48.03
5,000	Landon Boyle	15:30.05
55 H	Kobe Jenkins	7.91
60 H	Kobe Jenkins	8.34

Field Events

HJ	Aaron Sanchez	6-6 3/4
PV	Micah Cooper	14-2
LJ	Donavan Anderson	24-5
TJ	Donavan Anderson	49-8 1/2
Shot	Cole Gorham	54-1 1/4
Weight	Daryn Blackwell	56-6
Pent.	Caleb Carney	4701

Relays

4x200		
4x400		3:16.05
	Limberg, Charlery, Morrison, Boone	
Distance Medley Relay		10:41.63
	Thaler, Crestwell, Gitonga, Gale	

OUTDOOR SEASON

Running Events

100	Miguel Charlery	10.67
200	Miguel Charlery	21.21
400	Tyler Boone	48.10
800	Tim Gale	1:53.65
1,500	Lucas Thaler	4:09.54
Mile	Liam Hansberry	4:39.82
3,000		
5,000	Brian McGarrity	15:10.99
10,000	Landon Boyle	31:36.12
110 H	Kobe Jenkins	14.56
400 H	Liam Beifus	55.56
3,000 S	Evan Wooby	9:51.56

Field Events

HJ	Drew Domurat	6-6
PV	Chris Costa	14-7 1/4
LJ	Jack Gorham	24-2 1/4
TJ	Jack Gorham	48-3 1/4
Shot	Cole Gorham	56-4
Discus	Cole Gorham	188-10
Hammer	Anthony Voto	192-1
Javelin	Zach Nissley	198-7
Dec.		

Relays

4x100		41.48
	Gorham, Boone, Gilchrist, Charlery	
4x400		3:14.94
	Boone, Bowe, Crestwell, Charlery	

NCAA Championships

NCAA INDOOR CHAMPIONSHIPS

March 8-9, 2023
Pittsburg, KS. (Robert W. Plaster Center)

Cole Gorham - Shot Put

56-2 (10th - 2nd team All-American)

NCAA OUTDOOR CHAMPIONSHIPS

May 23-25, 2024
Pueblo, Co. (Francis G. Welch Stadium)

Cole Gorham - Discus

174-0 (8th - 1st Team All-American)

Women's Top Results

INDOOR SEASON

Running Events

55	Destiny Thompson	7.17
60	Destiny Thompson	7.65
200	Destiny Thompson	24.92
400	Aaliyah Cancel	59.74
500	Aaliyah Cancel	1:20.33
600		
800	Carla Bautista	2:22.26
1,000		
Mile	Bri Hennett	5:13.88
3,000	Bri Hennett	10:11.52
5,000	Bri Hennett	17:36.80
55 H	Makayla Smith	8.89
60 H	Makayla Smith	9.57

Field Events

HJ	Elyssa Pemu	5-2 1/2
PV	Nickolina Anelli	12-2 3/4
LJ	Samantha Rosado	16-9 1/4
TJ	Anna Roth	35-10
Shot	Elizabeth Makar	43-8
Weight	Samiyah Little	58-3 1/4
Pent.	Elysaa Pemu	3043

Relays

4x200		
4x400		3:57.50
	Horning, Cancel, Thompson, Domurat	
4x800		
Distance Medley Relay		12:32.56
	Bautista, Smith, Skelly, Chambers	

OUTDOOR SEASON

Running Events

100	Destiny Thompson	12.02
200	Destiny Thompson	25.11
400	Aaliyah Cancel	58.48
800	Carla Bautista	2:21.74
1,500	Carla Bautista	4:52.78
Mile	Mia Sisilli	5:44.22
3,000	Gabriela Orama	11:14.62
5,000	Payton Falkenstein	17:36.93
10,000		
100 H	Makayla Smith	15.14
400 H	Makayla Smith	1:08.97
3000 S	Megan Elgrim	11:48.06

Field Events

HJ	Elyssa Pemu	5-1
PV	Nickolina Anelli	12-2
LJ	Kamya Edmonds	17-7
TJ	Kamya Edmonds	38-5
Shot	Elizabeth Makar	46-10 3/4
Discus	Isabella Marte	131-4
Hammer	Elizabeth Makar	180-10
Javelin	Olivia Sforza	139-0
Hep.	Elysaa Pemu	3901

Relays

4x100		48.27
	Cancel, Thompson, Edmonds, Kyle	
4x400		3:59.58
	Thompson, Domurat, Smith, Cancel	